An MSAA Professional Development workshop for: Teachers, administrators, and similar school staff at all levels of education, PreK–12.

Anxiety and Unmet Needs in the Classroom

Featuring ADHD Essentials Presenter:
Brendan Mahan, M.Ed., M.S.

Friday, April 3, 2020
at the MSAA Office, Franklin, MA

**Sign-In/Registration:** 8:00am–8:30am
**Workshop:** 8:30am–3:00pm

**Fees:** Member $215/Non-Member $285

**PD Hours:** 6
**Content Area:** Safe and Supportive Learning Environments

**MSAA Contact:** pd@msaa.net

Anxiety is on the rise in our schools, bringing its own unique challenges to the classroom, and further complicating already existing challenges. In this workshop, we will examine how unmet needs can promote anxiety in our students, and what we can do to manage it. Participants will explore how these unmet needs can be addressed in the classroom, and which types of interventions work best at the various stages of anxiety escalation. We will look at ways to limit this escalation, as well as ways to help students deescalate when necessary. Finally, we will recognize the work teachers are already doing by discussing how refocusing and reframing common classroom practices can improve their effectiveness for addressing the needs of our increasingly anxious students.

**Brendan Mahan, M.Ed., M.S.** is an internationally recognized ADHD/Executive Function expert, and an engaging, sought-after speaker. He is the producer and host of the ADHD Essentials Podcast, and helps schools and families better manage the challenges of ADHD. His approach blends education, collaborative problem-solving, and accountability, with compassion, humor, and a focus on strengths and growth.

 REGISTER ONLINE

LEADERSHIP MATTERS

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