

*A HALF-DAY professional development workshop designed For: Special Educators, Psychologists, School Mental Health Professionals, Counselors, Classroom Teachers, Guidance Directors, Principals, Assistant Principals, Department Heads, Team Leaders, District Leaders, and Support Services Coordinators*



## Rethinking Behavior Support: Effective Interventions for Students with Anxiety-Related and Oppositional Behavior



**Featuring MSSAA Presenter**  
**Jessica Minahan, M.Ed, BCBA**

**Thursday, November 20, 2014**  
At the MSSAA Office, Franklin

**Sign-In/Registration:** 8:00 am to 8:30 am

**Workshop:** 8:30 am to 11:30pm

**Fees:** Member \$100/Non-Member \$135

3 PDPs

Supporting Students

*This workshop will be repeated on  
Thursday, January 8, 2015.*

This workshop will focus on classroom interventions for students with anxiety-related and oppositional behaviors. Rather than responding with punishment and reward-based consequences, participants will gain an understanding of the students' challenges and learn strategies for teaching them how to cope. These interventions and strategies will allow students to improve their behavior by acquiring the necessary skills to make academic and behavioral progress. Case studies will be used to give participants the skills and information they need to assist in the creation of effective behavior plans.

### **The workshop will enable participants to:**

- Describe why traditional behavior plans of reward and consequences often do not work for students with challenges such as anxiety-related and oppositional behavior.
- Learn how to identify anxiety in a student and intervene quickly enough to prevent them from escalating.
- Be able to create an effective behavior intervention plan for students with anxiety-related or oppositional behavior.

**Jessica Minahan, MEd, BCBA**, is a board-certified behavior analyst and special educator and Director of Behavioral Services at NESCA-Newton (MA) (Neuropsychology & Education Services for Children and Adolescents), as well as a school consultant to clients nationwide. She is also the author of *The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students*, with Nancy Rappaport (Harvard Education Press, 2012) and a blogger for the Huffington Post. Since 2000 she has worked with students who exhibit challenging behavior in both their homes and public schools. She specializes in training staff and creating behavior intervention plans for students with mental health challenges. Her particular interest is to serve these students by combining behavioral interventions with a comprehensive knowledge of best practices for those with complex mental health profiles and learning needs. ([www.jessicaminahan.com](http://www.jessicaminahan.com))

Massachusetts Secondary School Administrators' Association ~ 33 Forge Parkway, Franklin, MA 02038

Workshop Contact: Cora Armenio ~ Phone: (508) 541-9835 ~ Fax: (508) 541-9888 ~ E-mail: [carmenio@mssaa.org](mailto:carmenio@mssaa.org)

## MSSAA Workshop Registration Policies

**Cancellation:** Cancellations received up to 72 hours before the workshop will be honored. If you do not cancel and do not attend, you are responsible for full payment.

**Inclement Weather:** If the weather is uncertain, please check the website at [www.mssaa.org](http://www.mssaa.org) after 6:15 a.m. on the morning of the workshop or call the MSSAA front desk at (508) 541-7997 for updates.

**Confirmation:** If you have not received an email confirming your acceptance within a few days of registering, please contact Cora Armenio at (508) 541-9835 or [carmenio@mssaa.org](mailto:carmenio@mssaa.org). This printed email is proof of registration.

**Group Discount:** Schools or Districts sending in three or more registrations together via the same method (online, mail, or fax) qualify for a discount of \$20 per person per workshop.

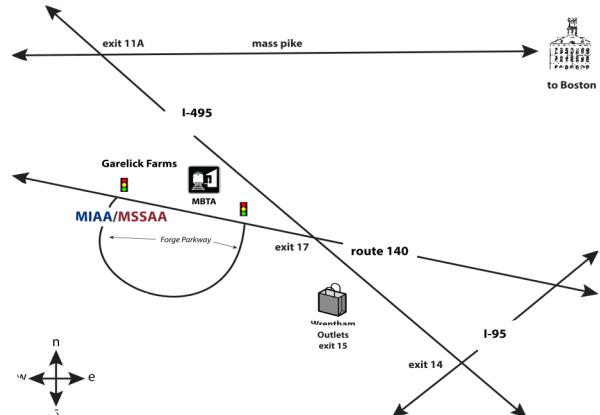
**"Umbrella":** Teachers may register at the member rate if their building principal is an MSSAA Member.

**Early Bird Discount**  
**10% Off**  
If we receive your registration  
**AT LEAST** one month prior  
to the workshop date



## DIRECTIONS TO MSSAA

For written directions to our office please visit:  
<http://www.mssaa.org/directions>



### Rethinking Behavior Support: Effective Interventions for Students with Anxiety-Related and Oppositional Behavior

Thursday, November 20, 2014

Fees: Member \$100 Non-Member \$135

Name: \_\_\_\_\_

School: \_\_\_\_\_ Position: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone & Ext: \_\_\_\_\_

Cell Phone (for emergency/cancellation text updates): \_\_\_\_\_

Email (mandatory): \_\_\_\_\_

**Program fee includes training, training materials and continental breakfast!**

Total Registration Fee: \$ \_\_\_\_\_

Check or Purchase Order #: \_\_\_\_\_

Credit cards accepted on the day of the workshop: Visa, MasterCard

Return this form to: Cora Armenio, MSSAA, 33 Forge Parkway, Franklin, MA 02038  
or fax to: MSSAA, Attention: Cora Armenio (508) 541-9888

Register online at <http://mssaa.org/professionaldevelopment>

